

Terhi Huovinen
University of Jyväskylä,
Finland

APA education in Finland



Basic education: three-stage support



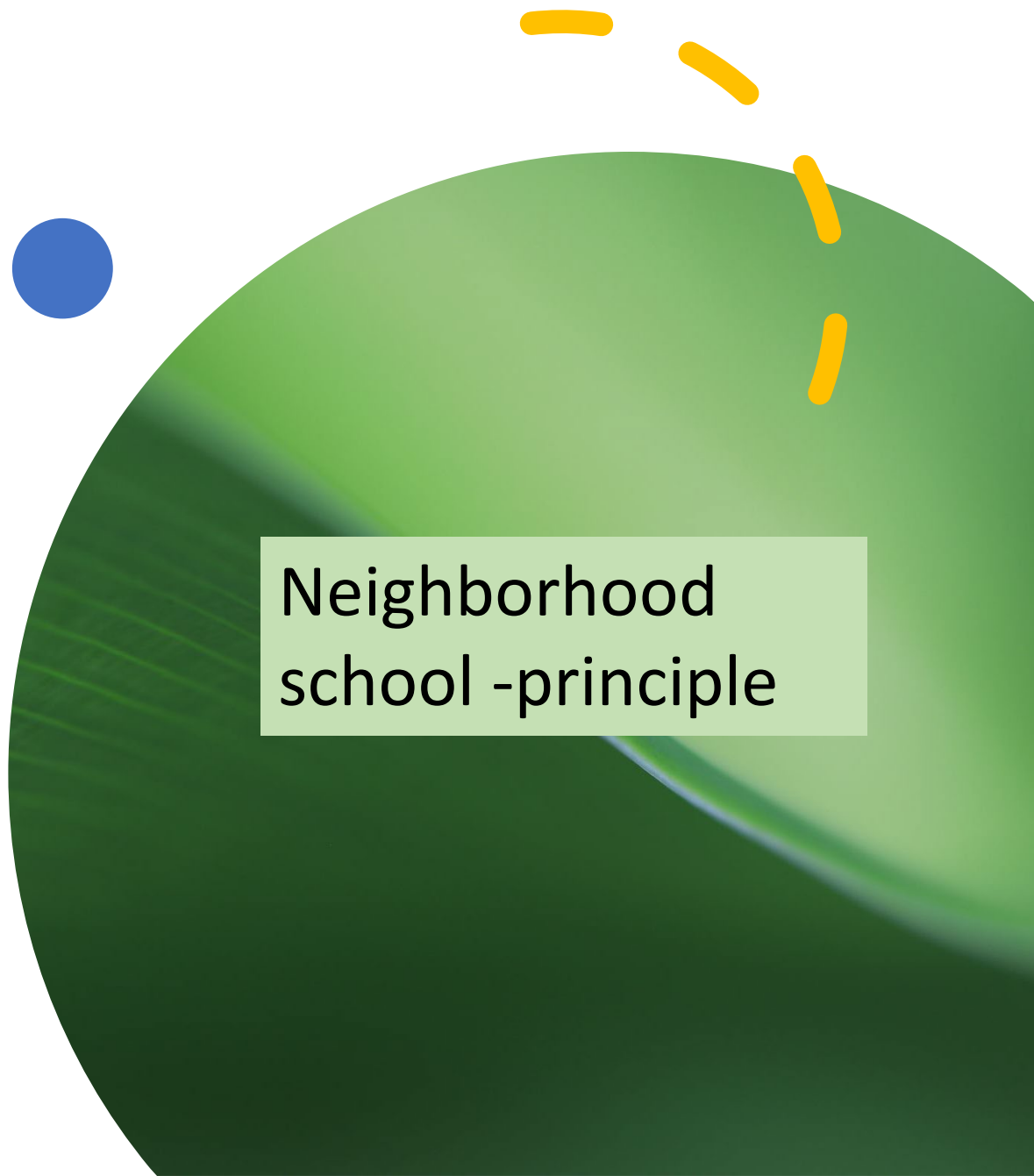
Special support



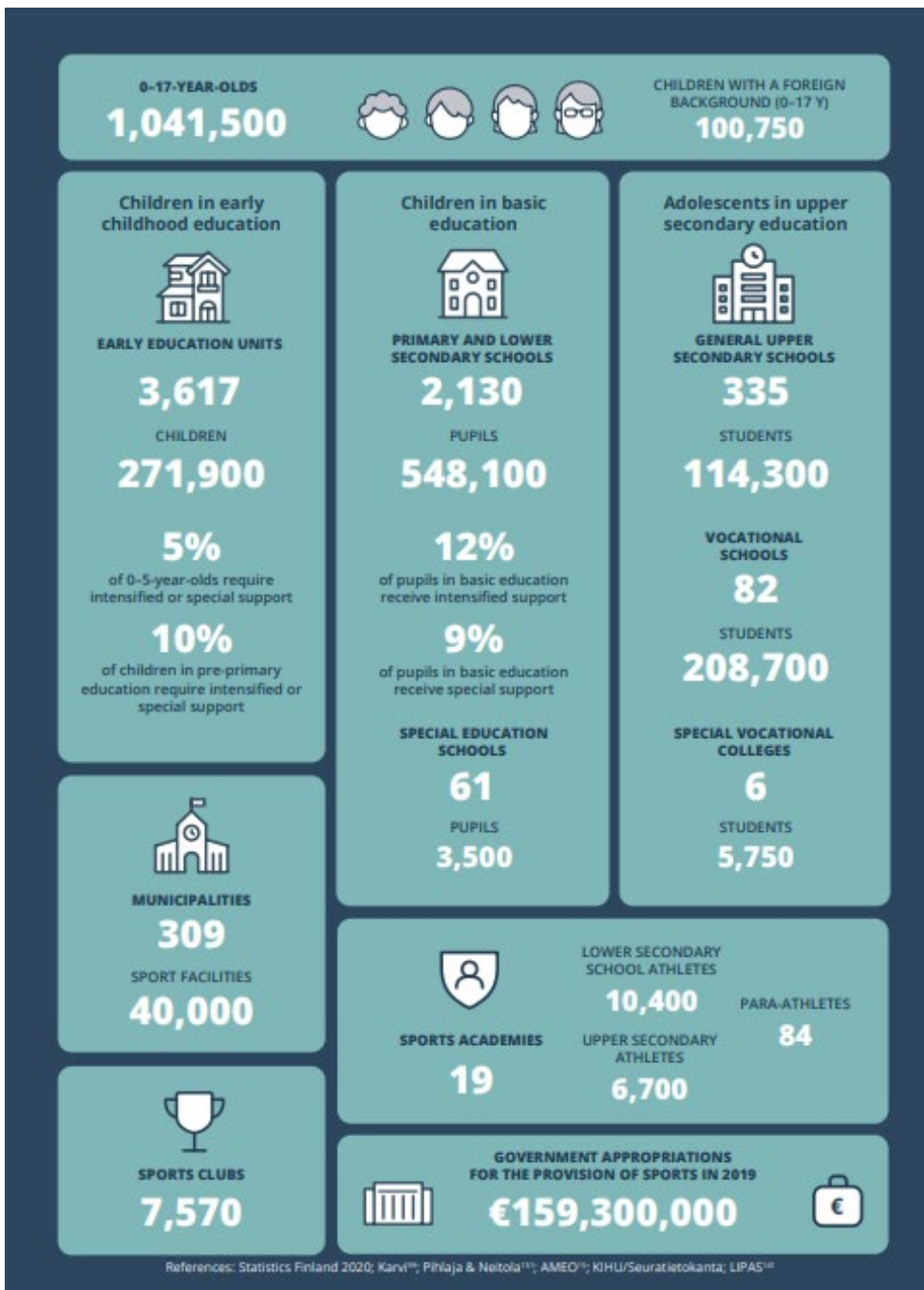
Intensified support



Basic support



Neighborhood
school -principle



- Reference:
FINLAND'S REPORT CARD 2022
Physical Activity for Children and Youth
- There is no comprehensive research data on the extent to which intensified support or special support is utilized in physical education.



Guidance, Differentiation, and Support in Physical Education

- "**A supportive and accepting atmosphere** is a prerequisite for achieving the goals of physical education. The activities should provide all students with the **opportunity for success and participation** while supporting adequate physical well-being. It is essential in teaching to consider individuality among students, maintain a safe working environment, and ensure clarity in organization and instructional communication. Competence experiences and social belonging are promoted through student-centered approaches in using inclusive teaching methods, appropriate tasks, and encouraging feedback."

(National core curriculum 2014)

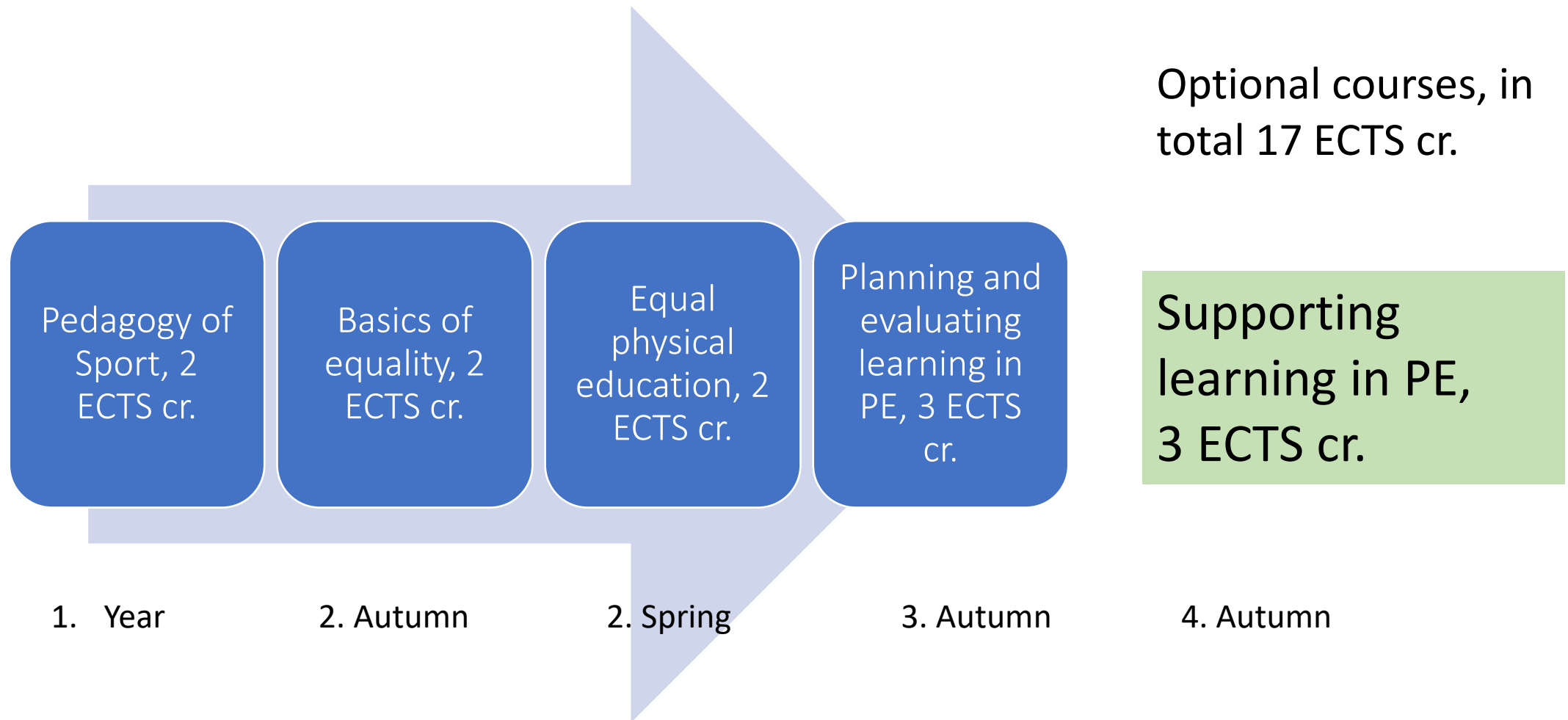


Guidance, Differentiation, and Support in Physical Education

- Grades 1-2:
It is important to identify motor learning difficulties that may be related to other learning problems.
- Grades 3-6: Attention is paid to mastering fundamental skills that are relevant to participation in collaborative activities
- Grades 7-9:
Special attention is given to supporting functional ability and maintaining or discovering enjoyable physical activity hobbies



Compulsory studies in PETE at the University of Jyväskylä



University studies in APA



University of Jyväskylä, Faculty of Sport and Health Sciences

APA as a subject: basic, intermediate and advanced studies (25 + 35 + 60 ECTS)

If you have completed 60 ECTS credits in APA and the teacher qualification studies, you are qualified to work as a PE teacher in special schools.



Open University

Module of APA, 15 ECTS cr.



APA curriculum, Faculty of Sport and Health Sciences



Basic studies, 25 ECTS cr. : <https://opinto-opas.jyu.fi/2020/en/module/eliper/>



Intermediate studies, 35 ECTS cr: <https://opinto-opas.jyu.fi/2020/en/module/eliain/>



Advanced studies, 60 ECTS cr.: <https://opinto-opas.jyu.fi/2020/en/module/elisyv/>



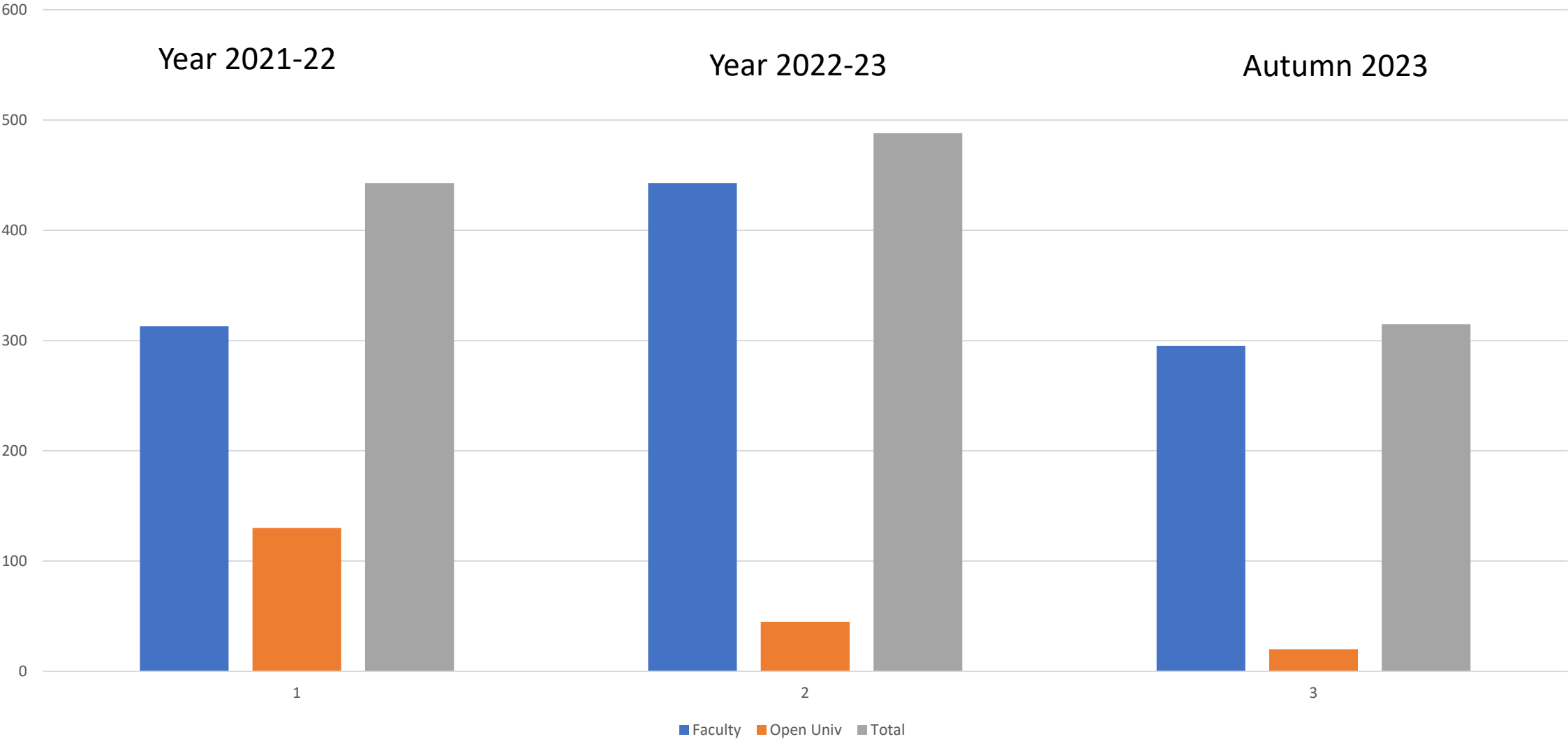
APA module, Open
Universty: <https://www.avoin.jyu.fi/fi/opintotarjonta/soveltava-liikunta> (in Finnish)

APA in early education and classroom teacher training

- Only few credits compulsory physical education, APA included
- The need of APA has been identified
 - Support for teacher trainers, example open web materials and seminars <https://peda.net/jyu/sport/ljto/liikunnanopetus/ejot>
- National physical education teacher training pilot course is under planning
- We opened APA studies to all teacher education students at the University of Jyväskylä as an elective course.
 - The goal is to increase cross-enrollment with students from other universities as well.

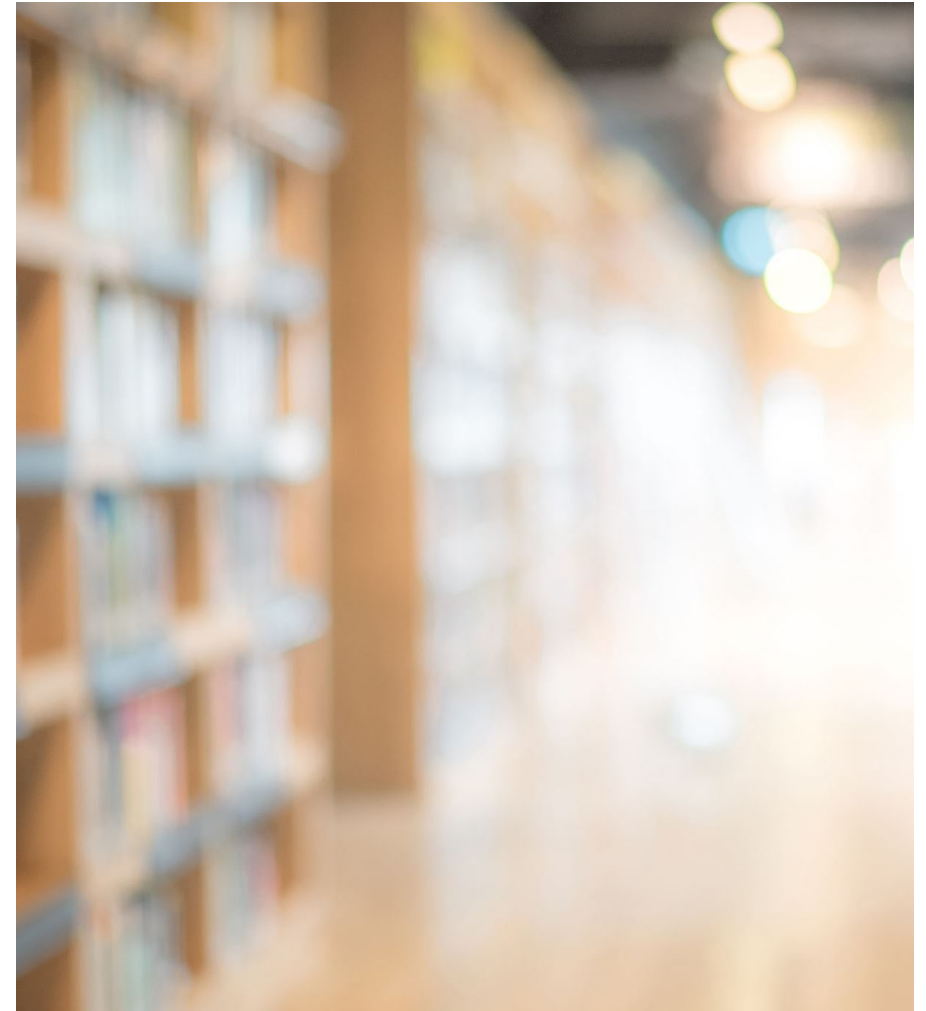


Credits completed



Professional development for teachers

- The Finnish National Board for Education has been funding the continuing education of teachers for three years now.
 - The '**Physical Education for All**' courses have so far trained approximately 300 active physical education teachers.
 - The faculty received new funding to address learning difficulties in experiential learning. This course will start in 2024.



<https://www.jyu.fi/sport/fi/opiskelu/taydennyskoulutus/koululiikuntaa-kaikille> (in Finnish)