



Claire Boursier

President's Message

Dear Colleagues,

Good news from many regions! 2012 seems already to be very rich with new initiatives all around the world. This electronic newsletter gives us the opportunity to share our projects and discover what is going on in our field everywhere. It should be considered as one of our best tools to disseminate all IFAPA actions and plans. It would be really useful for all students, professionals, associations, governments and international bodies. A special effort should be made with the support of all regional representatives to establish mailing lists of potential recipients. An effort should also be made to get our newsletter accessible, for persons with disabilities as well as in diverse languages. It's a challenge that we must take into account if we want to reach everyone. I wish to implement a committee working on the accessibility of our Newsletter (and website) and I ask any of you interested to contribute to contact me.

The special book following ISAPA 2011 is in process. It will be printed in July in English and French, and 2 CD-ROMs will be included:

- DVD "More than meet the eye" presented by **Anne-Mette Bredahl**. I wish to express my special thanks to the producer **Gorham Kindem** from North Carolina, USA for providing 1500 DVDs to be included on the book, with subtitles in 5 languages (he had to include new subtitles in French). He offered IFAPA 400 DVDs with Amaray cases to be shared all around the world. If you wish to receive this DVD, contact your regional representative. Boxes of DVDs will be sent to them prior to the next regional event.
- The second DVD will comprise other videos presented during the Symposium.

We got from the **French-Japanese Foundation Sasakawa** the financial support to translate this book into Japanese, which will be done before the next ISAPA.

I hope that 2012 will give you opportunities to share at an international level your wishes, projects and good moments!

IFAPA Developments and Activities in all Regions

One of the board of directors' goals fixed for many years is to develop IFAPA's regional associations or federations. In North America (NAFAPA), Asia (ASAPE), and Europe (EUFAPA), the regional IFAPA federations are strong and recognized. I wish a great success and fruitful discussions for the upcoming regional congresses:

- The European Congress of EUCAPA, May 6-8, Killarney, Ireland.
- The 12th Symposium for ASAPE, August 9-11, 2012, Hong Kong, China
- The NAFAPA 2012 Conference and IFAPA board meeting, October 11-13 2012, Birmingham, Alabama, USA

We need to support the other regions — and especially their Regional Representative — to create or develop their Regional Federation. In this perspective, our IFAPA representatives of Africa (**Agueda Gomes**) and of South America (**Marli Nabeiro**) have done since our last board meeting in Paris (July 2011) a tremendous work to meet persons involved in APA in different countries and start to build networks (see their reports).

(continued)

President's Message, *continued*

Special Glance to Africa

Agueda Gomes with the The Ministry of Education and Sports of Cape-Verde and Cape-Verde Paralympic Committee (COPAC) have organized in Paria the "First IFAPA visit to Africa" from March 5th to 9th. The aim of this seminar was to elaborate a strategic plan for Africa. The seminar was organized by **Jose Bejarano**, Secretary General of the African Paralympic Committee, with the support of **Orlando Mascarenhas** and **Filomena Fortes**. The program was rich, with a conference, workshops with kids and adults with disabilities led by Agueda Gomes (on Torball) and Claire Boursier (on inclusive games), visits to special schools, associations, and private university. We had also the opportunity to have very positive discussions with ministers. The media coverage was very good (newspapers, TV news, radios) and IFAPA's goals, activities shared in the country and other countries where Portuguese is spoken via an international TV. I have seen that Jose Bejarano was right when he wrote me prior to my visit that "this area of the APA in our country is having great sensitivity and a priority for our society . . . even small, our country has an open spirit and rich in many aspects." We decided to continue to work together and shared a few ideas for the future:

- Agueda Gomes and our friends from Cape-Verde will work on the implementation of the African regional association.
- Host in 2014 the annual board meeting in Cape-Verde, which could be held just before the first African-IFAPA Regional Congress (for details, see Agueda's special report on this event).



I wish that all initiatives in the regions will continue to be developed and disseminated, this will strengthen IFAPA!

Claire Boursier, IFAPA President
E-mail: claire.boursier@inshea.fr

INTERNATIONAL NEWS

Paralympics Exhibition at the London Science Museum

On 12 April, 2012, President of the International Paralympic Committee, **Sir Philip Craven** and CEO of Otto Bock HealthCare, **Hans Georg Näder**, opened a Paralympics exhibition at the London Science Museum. Sir Philip said he expects many records to be broken during the Paralympic Games and that athletes should be given the full praise they rightly deserve. He added: "The London 2012 Paralympic Games are set to be the best yet and this exhibition will give the public a greater understanding of the Games and our athletes, as well as some of the technology our athletes use during competition and their day-to-day lives."

Source: <http://www.paralympic.org/news/ipc-president-asks-athletes-be-given-full-credit-record-breaking-performances-london-2012>

*International Paralympic Committee
Official Website of the Paralympic Movement*

REGIONAL NEWS

AFRICA

First IFAPA Visit to Africa on March 5–9, 2012, Republic of Cape Verde

The Ministry of Education and Sports of Cape-Verde and Cape-Verde Paralympic Committee (COPAC) invited **Claire Boursier**, President of IFAPA and **Agueda Gomes**, IFAPA Africa Representative, to spend 5 days from March 5-9 in Republic of Cape Verde on the "First IFAPA Visit to Africa." The purpose of our visit was to reinforce the importance of role of the IFAPA in Africa and in particular case in Cape-Verde, to share experiences with national leaders that deal with people with disabilities in adapted physical activities and encourage new member for IFAPA.



First day of visit. Conference organized by Ministry of Education and Sports and Cape-Verde Paralympic Committee.

(continued)

First IFAPA Visit to Africa, *continued*

On the first day, a conference was held at BCA's auditorium, opened by Minister of Youth, Employment and Human Resources Development, **Janira Isabel Fonseca Hopffer Almada**, who represented the Minister of Education and Sports in the presence of the Representative of Minister of Education and Sports, Leaders of COPAC, and President of IFAPA, IFAPA Africa Representative, teachers, social workers, students and guests. In her speech the Minister thanked the presence of the leaders of IFAPA in Praia – Cape-Verde and the Organizers of the event. In addition, she strongly stressed the role and support of all the partners of the government for what has been done in providing physical activities and services for people with disabilities. The Minister mentioned that support from IFAPA and "IFAPA Africa" is very welcome to strengthen the national plan for people with disabilities in Cape-Verde. The representative of IFAPA in Africa spoke about APA and its implications in the Africa context and the main strategy of IFAPA in Africa. Finally, the President of IFAPA provided a comprehensive overview about IFAPA and its role. After the main presentations, university teachers, students, and Cape-Verde Paralympic Committee delivered interesting presentations about what the country has developed related to the physical education and sport services for people with disabilities. To close, a adapted dance was performed by group "Mon na Roda."

In following activities we visited schools and associations that promote education and quality of life for individuals with disabilities. For example, Project ACARINHAR has contributed to improving the lives of individuals with cerebral palsy.



Visit of special education schools and PC and blind associations.

We had an important meeting with Minister of Education and Sports, **Fernanda Marques**. She appreciated the presence of IFAPA in Cape-Verde and thanked COPAC for what has been done for the development of adapted sports in the country. She also showed interest in our collaboration to maximize the participation of people with disabilities in physical activities. In the meeting with the National Director of Sports and his staff, he was very satisfied with our presence and told us that the country is deeply committed to developing adapted sports.

The members of COPAC showed interest in collaborating with IFAPA, in this case IFAPA Africa, by involving other countries, principally those with common language that is the Portuguese speaking countries.

(continued)

First IFAPA Visit to Africa, continued



Meeting with Minister of Education and Sport and National Department of Sport.

Besides those activities, both leaders presented a workshop in adapted physical activities. Claire Boursier developed an activity where everyone can play and enjoy according to his or her ability by using different kinds of activities. Agueda presented a Goalball Workshop for PE teachers with participation of people with visual impairment.



APA workshop.

(continued)

First IFAPA Visit to Africa, continued



Goalball workshop.

The Government of Cape-Verde stressed the need to promote the inclusion of people with disabilities through physical activities. The only problem is lack of resources, such as people with qualification to work with people with disabilities in physical activities and the need for equipment and sports facilities.

*Agueda Gomes
Africa Representative
E-mail: aguedalobito@yahoo.com*

Hong Kong, China

Call for Abstract: 12th ASAPE, August 9-11, 2012, Hong Kong.

The 12th Asia Society of Adapted Physical Education & Exercise Symposium (ASAPE 2012) will be organized by HKSAPPE at Hong Kong Institute of Education in Hong Kong, and scheduled on **August 9-11, 2012**. The theme of this symposium is “**Contemporary Trends, Research, and Teaching/Coaching/Programming in Adapted Physical Activity.**”

On behalf of the Organizing Committee of the 12th Asia Society of Adapted Physical Education and Exercise Symposium (ASAPE 2012), I would like to invite you to participate in the ASAPE 2012 symposium and meet professionals and friends from other Asian countries in our beautiful HKIEd campus. **The abstract submission is now open, and the deadline for submission is extended to May 5, 2012.** In case you need any assistance or enquiries about abstract submission, please contact Shihui Chen, Tel(Fax):852+2948-7865, E-mail: asape12@ied.edu.hk; Website: <http://www.ied.edu.hk/asape2012>.

Shihui Chen
President of ASAPE
E-mail: shchen@ied.edu.hk

Europe



EUCAPA

Venue: The Malton hotel, Killarney, Co. Kerry, Ireland, May 6-8 2012

About: Organized by the Institute of Technology Tralee in association with the CARA National Adapted Physical Activity centre, the Department of Justice and the Irish Sports Council.

Aim: The presentation of research and case studies which can inform day to day practice in relation to the inclusion and empowerment of people with disabilities in physical activity, physical education and sport.

Contact Details: Phone: +353 66 714 5647; E-mail: eucapa2012@ittralee.ie

Martin Kudláček
European Regional Rep of IFAPA
Palacky University, Czech Republic
E-mail: martin.kudlacek@upol.cz

The MOVE Project

The International Sport and Culture Association (ISCA) and the University of Cassino and Southern Lazio are seeking descriptions of physical activity initiatives that are aimed at socially disadvantaged groups. With this project, partners intend to present good practices in cross-cutting community initiatives to promote health-enhancing physical activity for youth, ethnic minorities, and immigrants as well as for girls and women. The collection of good practices and formulation of guidelines on how best to target socio-economically disadvantaged groups is meant to assist organizations and individuals engaged in the field of physical activity, sport for all, and health enhancement to implement their projects.

The MOVE project is supported by the European Commission's Executive Agency for Health and Consumers, under "Health Programme 2008-2013: Together for health." For further information, please visit www.wemoveyou.eu/ or contact Simone Digennaro.

Simone Digennaro
E-mail: s.digennaro@unicas.it

Middle East



19th International Symposium on Adapted Physical Activity, Istanbul, Turkey, July 19-23, 2013

The International Symposium on Adapted Physical Activity (ISAPA) is held bi-annually to provide physical activity professionals with an opportunity to share their knowledge and experience. All interested individuals, especially people with disabilities, are encouraged to participate. This is critical to ensure that professionals remain “in touch” with the people they wish to serve.

2013 participants will witness the first time that ISAPA is held in both continents, Europe and Asia. Symposium venue is located in Istanbul, a city with a cultural heritage of thousands of years, practically a geographic and socio-cultural bridge between the East and the West. It is the only metropolis in the world that is located on two continents. Yeditepe University will be hosting the event with the cooperation of International Federation of Adapted Physical Activity, and Turkish Association of Adapted Physical Activity. We would like to welcome you for this event to share and discuss the recent scientific developments and future recommendations in adapted physical activity.

Symposium theme is determined as a “Bridging of the Gaps,” similar to the role of host city: “Bridging between theory and practice, people with and without disabilities, academicians from different disciplines, adapted physical activity professionals from around the world.”

Specific objectives include:

- To promote interdisciplinary dialogue between researchers and practitioners of adapted physical activity,
- To present evidence-based teaching/training in adapted physical activity,
- To present best practices in adapted physical activity, and
- To disseminate and discuss recent scientific and technological advancements adapted physical activity.

The event will consist of keynote speakers, invited speakers, discussions and debates of APA leaders, oral/poster presentations, workshops/demonstrations, short film contest, photography contest, and exhibition.

In addition to the regular ISAPA program, there will be a *Student Symposium*. The aim is to support and motivate undergraduate students in conducting adapted physical activity research and to provide an opportunity to make presentation in a scientific platform. Students and future professionals from different countries will gain experience and have an opportunity to meet the adapted physical activity leaders from around the world.

(continued)



ISAPA 2013 in Istanbul, *continued*

ISAPA 2013 has a *Full Scholarship Program* (limited number) for the participants of developing countries, whose abstracts are accepted. The Organizing Committee will grant 5 full scholarships to prospective international participants from **emerging economy countries (EEC)** and **economically challenged countries (ECC)**. The scholarship will include symposium payments, accommodation, and meals.

There will also be an *International Volunteer Program (IVP)* that will accept 5 students from Turkey and 15 students from other countries. The goal of IVP is to enable volunteers to meet and work with academicians and pioneers of adapted physical activity while serving at the symposium.

It will be a great pleasure to host you at The Yeditepe University for the 19th International Symposium of Adapted Physical Activity (ISAPA) on July 19-23, 2013. We hope to discuss and share the important connections between theory and practice, people with and without disabilities, faculty from different disciplines, and practitioners around the world. We trust that you will have a comfortable, professionally fulfilling, and an unforgettable visit.

Important Dates:

Abstract submissions deadline: January 18, 2013

Notification of acceptance: February 16, 2013

Early registration, scholarship applications: March 1 - April 31, 2013

Short film contest deadline: April 15, 2013

Photograph contest deadline: April 15, 2013

Notification of contest acceptance: May 16, 2013

Please visit www.isapa2013.com for updates.

Hoşgeldiniz – Welcome.



Mehmet Ata Öztürk, *Symposium Secretary*

Dilara Özer, *Chair Person*

Mehmet Ata Öztürk, *IFAPA Middle East Representative*

Marmara University Faculty, Turkey

E-mail: mehmet.ozturk@marmara.edu.tr



NAFAPA 2012 in Alabama, *continued*

Preliminary Conference Schedule

Tuesday, October 9, 2012

9:00am - 12:00pm IFAPA Executive Committee meeting

1:00pm - 4:00pm IFAPA Board meeting

Wednesday, October 10, 2012

9:00am - 6:00pm IFAPA Board meeting

4:00pm - 9:00pm Conference Check-in

Thursday, October 11, 2012

7:30am - 8:30am Conference Check-in

8:30am - 5:15pm Oral and Poster sessions

Friday, October 12, 2012

8:30am - 3:00pm Oral and Poster sessions

3:30pm - 6:30pm Activities at Lakeshore Foundation

Saturday, October 13, 2012

9:00am - 5:15pm Oral Sessions; NAFAPA business meeting

NAFAPA 2012 Important Dates:

Abstract Submission Opens: Jan 2, 2012

Abstract Submission Deadline: April 16, 2012

Registration Opens: May 1, 2012

Abstract Notification: June 15, 2012

Early Bird Registration Ends: Aug 15, 2012

Registration Closes: Sep 28, 2012

For more information, please inquire at

Website: www.nafapa.org

E-mail: nafapa2012@lakeshore.org

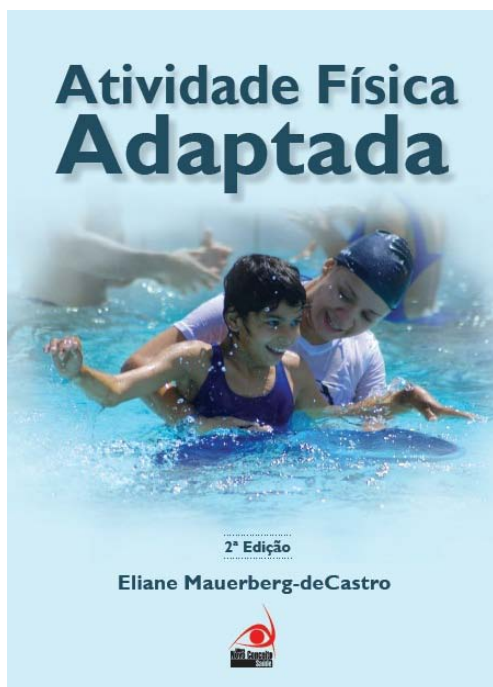
Phone: (205) 313-7479

Joel Brasher
Lakeshore Foundation
joelb@lakeshore.org



South and Central America

New Edition of the Brazilian Textbook, “Adapted Physical Activity”



The Brazilian textbook, “Adapted Physical Activity,” has been revised and expanded, and now has over 600 illustrations. This second edition introduces new topics about physical activity, health, and sports for people with disabilities. It includes a rich collection of diverse and complex issues such as health and the concept of disease, the origins of the medical model, human rights, diversity, stereotypes in the media, risk and the impact of developmental disabilities, inclusive policies in education and sports, nature activities, alternative therapies (using animals, humor, etc.), the developmental importance of toys and play, games, water activities, and dance, and much more.

Written in Portuguese, “Adapted Physical Activity” offers a comprehensive view of educational and rehabilitation opportunities for individuals with disabilities, from young to old. **Eliane Mauerberg-deCastro** provides physical educators, coaches, students, professionals, administrators, psychologists, physical therapists, and other health professionals with invaluable information that inspires theoretical, philosophical, and practical discussion. Adapted Physical Activity is organized to meet the needs of undergraduate and graduate students, to inform academics and researchers, and to motivate discussion about human diversity.

About the Author. Eliane Mauerberg-deCastro, who earned her PhD in psychobiology, is a physical educator who is recognized as a pioneer in the field of adapted physical activity in Brazil. After completing two post-doctoral programs in the U.S. (1995 and 2001), she was invited by the University of Norway in 2006 to be an affiliate of the European Erasmus Mundus Master’s degree program in adapted physical activity. A faculty member since 1987 at the State University of

Mauerberg-deCastro, E. (2011). *Atividade Física Adaptada (Adapted Physical Activity)*. Ribeirão Preto: Novo Conceito. 720 p.

São Paulo (UNESP), Rio Claro, she coordinates alternative programs in health rehabilitation and facilitates developmental programs for people with disabilities of various ages. Over the past fifteen years, she has authored books, book chapters, and scientific articles, and she advises master’s and doctoral students. One of Dr. Mauerberg-deCastro’s goals is to contribute to the development of educators, researchers, critics, scholars, students, and friends, while learning from them and enjoying the process.

Eliane Mauerberg-deCastro
2007 ISAPA Symposium Director
E-mail: mauerber@rc.unesp.br

Calendar of Events for 2012 and Beyond

Please submit calendar information to Editor at least 3 months before the date of the event.

2012

European Congress of Adapted Physical Activity (EUCAPA) 2012

May 6-8, 2012, Killarney, Co. Kerry, Ireland

“Putting Practice Based Research into Action” <http://www.eucapa2012.eu>

17th Annual Congress of the European College of Sport Science Congress (ECSS)

July 4-7, 2012, Bruges, Belgium

<http://www.ecss-congress.eu/2012/>

International Convention on Science, Education and Medicine in Sport (ICSEMIS)

July 19-24, 2012, Glasgow, Scotland

“Sport— Inspiring a Learning Legacy” <http://www.icsemis2012.com>. Contact info@icsemis2012.com

National Consortium for Physical Education and Recreation for Individuals with Disabilities National Conference (NCPERID 2012 National Conference)

July 19-21, 2012, Herndon/Reston, VA

<http://www.ncperid.org/annual.htm>. Contact Suzanna Rocco Dillon sdillon@wayne.edu.

The 12th Symposium for the Asia Society of Adapted Physical Education and Exercise (ASAPE)

August 9-11, 2012, Hong Kong, China

“Contemporary Trends, Research, and Teaching/Coaching/Programming in Adapted Physical Activity”

<http://www.ASAPE2012.org>.

Contact Shihui Chen shchen@ied.edu.hk, Yan Bin s1051875@s.ied.edu.hk

XXXII International Federation of Sports Medicine (FIMS) World Congress of Sports Medicine

September 27-30, 2012, Rome, Italy

<http://www.fimsroma2012.org/>

National Association for Sport and Physical Education (NASPE) Conference on Physical Education Teacher Education

October 3–6, 2012, Las Vegas, Nevada

<http://www.aahperd.org/naspe/>. Contact Cheryl Richardson crichardson@aahperd.org

North American Federation of Adapted Physical Activity (NAFAPA) 2012 Conference & IFAPA Board Meeting

October 11-13, 2012, Birmingham, Alabama

“Creating Opportunities – Changing Expectations” <http://www.nafapa.org>.

Contact nafapa2012@lakeshore.org

21st Congress of the International Association for Disability and Oral Health (IADH)

October 17-20, 2012, Sydney, NSW, Australia

<http://www.iadh2012.com/>. Contact info@iadh2012.com

International Conference on Youth, Technology, and Health

October 20-21, 2012, Hong Kong, China

<http://icyth2012.hkbu.edu.hk/index.html>

(continued)

Calendar, continued

Be Active 2012

October 31-November 3, 2012, Sydney, Australia

<http://sma.org.au/conference/future-conferences/be-active-2012/>. Contact acsms@sma.org.au

Southern District, USA, AAHPERD and APA Regional Conference

November 13-18, 2012, North Carolina, USA

<http://www.ncaahperd.org>. Contact Ron Morrow ncaahperd@ncaahperd.org

2013

National Association of Physical Education and Sports: The Global Conference on Traditional Physical Culture

January 15-17, 2013, Amravati, India

Contact Suresh Harihar Deshpande hvpm_shdeshpande@yahoo.com

4th International Congress on Sports Medicine, Exercise Science, Physical Education and Sports

March 2-5, 2013, Madgaon, GOA, India

<http://www.ic2013goa.com>

17th World Congress of the International Association of Physical Education and Sport for Girls and Women (IAPESGW)

April 10-13, 2013, Havana, Cuba

“Physical Education and Sport: Promoting Gender Equality”

<http://www.iapesgw.org>

9th Annual International Conference on Kinesiology and Exercise Sciences

June 24-27, 2013, Athens, Greece

“Physical Activity Across the Lifespan.” <http://www.atiner.gr/fitness.htm>

19th International Symposium of Adapted Physical Activity (ISAPA)

July 19-23, 2013, Istanbul, Turkey

“Bridging the Gaps.”

<http://www.isapa2013.com>

Contact dilaraozer2010@hotmail.com

8th Interdisciplinary World Congress on Low Back & Pelvic Pain

October 27-31, 2013, Dubai

“Advances in Multidisciplinary Research for Better Spinal/Pelvic Care.”

<http://www.worldcongresslbp.com>

2014

AIESEP World Congress

February 10-13, 2014, Auckland, New Zealand

“Educating for Active, Healthy Citizens.”

<http://www.cmnzl.co.nz>. Contact Paul Walker aiesep2014@cmnzl.co.nz.

IFAPA Newsletter

Please send submissions for the next issue of IFAPA
by June 2, 2012, to Editor **Cindy Sit**, sithp@cuhk.edu.hk
or Associate Editor **Claudine Sherrill**, csherrill1@earthlink.net.
See Guidelines for Newsletter submissions on
IFAPA website, www.ifapa.biz

Editor: Cindy Sit
Associate Editor: Claudine Sherrill
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Website Administrator: Jaime Kirstein, jkkirstein@gmail.com
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INS HEA, Paris, France
claire.boursier@inshea.fr

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p.d.howe@lboro.ac.uk

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jane.taylor@lakeheadu.ca

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lauriem@lakeshore.org

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aguedalobito@yahoo.com

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Soonchunhyang University, Korea
heaja@sch.ac.kr

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Hong Kong Institute of Education, Hong Kong
shchen@ied.edu.hk

European Representatives

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Academy of Sport Education, Latvia
aija.klavina@gmail.com

Dr. Martin Kudláček
Palacky University, Olomouc, Czech Republic
martin.kudlacek@upol.cz

Middle East Representative

Dr. Mehmet Ata Öztürk
Marmara University Faculty, Turkey
mehmet.ozturk@marmara.edu.tr

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Oregon State University, Corvallis, USA
Simon.Driver@oregonstate.edu

Dr. Dwan Bridges
California State University, USA
dbridges@calstatela.edu

Oceanic Region Representative

Ms. Jenny Gosney
Halberg Trust, Christchurch, NZ
jenny.gosney@xtra.co.nz

South & Central America Representative

Dr. Marli Nabeiro
State University São Paulo, Brazil
mnabeiro@fc.unesp.br

Resource Specialists

Student Membership Chair

Mr. Ferhat Esatbeyoglu
Catholic University, Leuven, Belgium
ferhatesatbeyoglu@hotmail.com

APAQ Editor

Dr. Marcel Bouffard
University of Alberta, Canada
apaq@ualberta.ca

IFAPA/HK Newsletter Editor

Dr. Cindy Sit
The Chinese University of Hong Kong
sithp@cuhk.edu.hk

Disability Community Liaison

Ms. Anne-Mette Bredahl
Norwegian University of Sport, Norway
anne-mette.bredahl.nih.no

Symposium Directors

2013 - Dr. Dilara Özer
Canakkale University, Turkey
dilaraozer2010@hotmail.com

2011 - Dr. Claire Boursier
INS HEA, Paris, France
claire.boursier@inshea.fr

2009 - Mr. Kennet Frojd
Swedish Development Center for Disability
Sport, Sweden
kennet.frojd@suh.se

International Federation of Adapted Physical Activity

Founded 1973

Membership Application (1-Year Membership With APAQ Subscription)

Last name _____ First name _____

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Institution _____

Mailing address _____

Country _____ Postal code _____ This is my work address home address

Phone _____ Fax _____ E-mail _____

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- Physical Education/Adapted Therapy (OT, PT, etc.) Sport and Disability Aging Dance/Arts
 Therapeutic Recreation/Recreation Sport Science/Research Medicine/Rehabilitation Coaching/Training

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